

## **PRE OPERATIVE CHECK LIST**

**PLEASE USE THE FOLLOWING AS A CHECK LIST PRIOR TO YOUR ADMISSION**

- REMEMBER TO TAKE ANY XRAYS OR MRI SCANS TO THE HOSPITAL
- PLEASE ENSURE YOU ADHERE TO THE FASTING DETAILS GIVEN TO YOU
- IT IS VERY IMPORTANT YOU DO NOT HAVE ANY **CUTS, SCRATCHES, OR OPEN WOUNDS** ON YOUR BODY PRIOR TO SURGERY AS THIS MAY RESULT IN YOUR SURGERY BEING CANCELLED. IF YOU ARE CONCERNED ABOUT THIS PLEASE PHONE DR GALLIE'S ROOMS
- YOU MAY BE REQUIRED TO HAVE BLOOD TESTS OR XRAYS DONE PRIOR TO SURGERY. PLEASE ENSURE THESE ARE DONE AS INSTRUCTED
- DO YOU KNOW WHAT YOUR ADMISSION TIME IS? IF YOU HAVE ANY DOUBTS THEN PLEASE PHONE DR GALLIE'S ROOMS
- IF BEING ADMITTED AS A DAY PATIENT YOU WILL NEED SOMEBODY TO DRIVE YOU HOME AFTERWARDS
- PLEASE REMEMBER TO PAY ANY GAP PAYMENTS REQUIRED PRIOR TO YOUR SURGERY
- IN MOST CASES BLOOD THINNING MEDICATIONS, I.E. ASPIRIN, PLAVIX, WARFARIN, XARELTO NEED TO BE STOPPED PRIOR TO SURGERY. IF YOU ARE UNSURE ABOUT THIS PLEASE PHONE OUR ROOMS.**
- THE ANAESTHETIST WILL SEE YOU PRIOR TO YOUR SURGERY. PLEASE SPEAK TO HIM/HER IF YOU HAVE ANY CONCERNS ABOUT THE ANAESTHETIC
- PATIENTS BEING ADMITTED FOR **ACL RECONSTRUCTION** WILL REQUIRE CRUTCHES POST OPERATIVELY. THESE CAN BE HIRED FROM THE RED CROSS OR A CHEMIST AND MUST BE TAKEN WITH YOU TO HOSPITAL
- IF COVERED BY A HEALTH FUND PLEASE CHECK THAT YOUR LEVEL OF COVER PROVIDES BENEFIT FOR YOUR SURGERY IN A PRIVATE HOSPITAL**